



# ARLINGTON VIRGINIA

Child & Family Services

## Arlington County Mental Health Services

Your family's health and wellness is our priority. Below you'll find Arlington County resources to help your family in times of crisis or emergency. Help is only a phone call away.



**Regional Crisis Call Center (HOPELINK)**  
**703-527-4077**

*Call to:* get connected to a professional who will refer to crisis services.  
**Text CONNECT to 85511**



**Mobile Crisis (CR2)**  
**703-527-4077**

*Call when:* A person is in crisis, having an emergency, or needs to talk  
**Text CONNECT to 85511**



**REACH**  
**703-527-4077**

*Call when:* An individual with developmental disability needs crisis intervention.  
**Text CONNECT to 85511**



**Emergency Services**  
**703-228-5160**

*Call when:* A person is at risk of harming themselves or others.



**Children's Behavioral Healthcare**  
**703-228-1560**

*Call when:* There are concerns about a young person's mental health or drug/alcohol use.



**Trans Lifeline**  
**1-877-565-8860**

*Call when:* Seeking trans peer support for the trans community. It is by, and for, trans people.



**Trevor Project**  
**1-866-488-7386**

*Call when:* a young person who is LGBTQIA+ seeks crisis intervention or suicide prevention services.