

TJMS STUDENT SERVICES NEWSBITE

9-8-2020

Dear Parents and Guardians-

Welcome to the inaugural edition of the **TJMS Student Services NewsBite!** We would like to share with you easily accessible resources to support your child academically, socially and emotionally during these extraordinary times.

- The Counseling tab on the [TJMS Website](#) has a comprehensive overview of the services provided by our Student Services team, school and community resources, and programming offered throughout the year.
- The grade level counselors and program counselor have **Counseling Corner Canvas pages** that are full of information and activities your child will want to access.
- Our TJMS [Virtual Calming Room](#) has an amazing amount of resources to help refocus and center ourselves when we need it.
- Each Monday, starting September 14th, all students will need to log in to their TA class and participate in the Social-Emotional Learning (SEL) Lesson. The first lesson will be: *The Role of Emotions*.
- Email us anytime! We are here to help!

Student Services Team:

6th Grade Counselor: Tiffini.woodypop@apsva.us

7th Grade Counselor: Jasmine.burton@apsva.us

8th Grade Counselor: Amelia.black@apsva.us

EL Counselor: Ana.rodriquez2@apsva.us

Program Counselor: Susan.russo@apsva.us

Director of Counseling: Dante.hicks@apsva.us

School Psychologist: Tanya.moncrieffeheat@apsva.us

School Substance Abuse Counselor:

Kim.chisolm@apsva.us

Interlude Counselor: Peggy.cole@apsva.us

School Social Worker: Elizabeth.brady@apsva.us

Work cell 571-419-4124

If you are in crisis, take action!

If someone you care about is in crisis, take action!

You have options:

- Call 9-1-1
- Call Arlington Emergency Mental Health 703-228-5160.

Community Supports/Resources:

<https://departments.arlingtonva.us/dhs-service-delivery-modifications-due-to-covid-19/>