



Dr. Woody-Pope, 6th Grade Counselor
tiffini.woodypoppe@apsva.us

Office Hours: 8:30 am - 9:30 am

Ms. Burton, 7th Grade Counselor
jasmine.burton@apsva.us

Office Hours: 12:00 pm – 2:00 pm

Ms. Black, 8th Grade Counselor
amelia.black@apsva.us

Office Hours: 8:00 am - 9:00 am

Ms. Rodriguez, EL Counselor
ana.rodriguez2@apsva.us

Office Hours: M, T 12:30 pm - 1:30 pm

Ms. Russo, Program Counselor
susan.russo@apsva.us

[Click here to join Office Hours in Teams M, T, F 2:00 pm - 3:00 pm \(Links to an external site.\)](#)

Mr. Hicks, Director of Counseling
dante.hicks@apsva.us

Dr. Moncrieffe-Heath: School Psychologist
Tanya.moncrieffeheat@apsva.us

M, T 1:30 pm - 2:30 pm; F 9 am -10 am

[Click Here for Microsoft Teams Virtual Office Hours \(Links to an external site.\)](#)

Ms. Chisolm, School Substance Abuse Counselor
Kim.chisolm@apsva.us

Ms. Sabouni, Interlude Counselor
Peggy.cole@apsva.us

Ms. Brady, School Social Worker
Elizabeth.brady@apsva.us

[Click here for my office hours in Teams M, T, W 2:30-3:30pm](#)

Dear Parents/Guardians/TJMS Staff and all the adults in our Yellowjackets lives:

Thank you for helping work through the challenges of the first week of a new way of doing school! Your support and perseverance make all the difference.

Announcements:

- School Meals for **ALL** students will be provided M/W/F 11am-1pm at [21 School Locations](#), including Jefferson!
- Please doublecheck that your child completes the Social Emotional Lesson through their TA Canvas page each Monday. Next Monday's lesson will be: *Goal-Setting*
- Need tech support? Email jefftechhelp@apsva.us with name, student id and issue

Ongoing Resources:

- [TJMS Website](#) (Counseling Tab)
- Counselor Canvas pages
- [Virtual Calming Room](#)
- Social-Emotional Learning (SEL) Lessons in TA

If you are in crisis, take action! If someone you care about is in crisis, take action!

You have options:

- Call 9-1-1
- Call Arlington Emergency Mental Health 703-228-5160.

Community Supports/Resources:

<https://departments.arlingtonva.us/dhs-service-delivery-modifications-due-to-covid-19/>