

## **Arlington County Community Resources**

<b>Medical (Physical and Mental) Resources</b>		
<b>Organization</b>	<b>Service</b>	<b>Application Process</b>
Doorways for Women and Families*	Doorways helps women and families that have experienced abuse. It provides therapeutic support, housing for people with financial barriers, and safety to women and families.	<ul style="list-style-type: none"> <li>- Call Doorways 24/7 Hotline at 703-237-0881 and they will help you</li> </ul>
Arlington Free Clinic*	They provide dental care, specialized care for special cases (like cancer care), and other types of medical care for free. Must not have insurance, meet low income guidances, resident of Arlington County, and have lived in the US for at least a year.	<ul style="list-style-type: none"> <li>- Every month, there are lottery dates. On lottery dates, you walk in, fill out an application, and enter a lottery for a chance to be a patient at the Arlington Free Clinic. Check on the Arlington Free Clinic at <a href="http://arlingtonfreeclinic.org">arlingtonfreeclinic.org</a> to find out when lottery dates are held.</li> </ul>

<b>Food Services</b>		
<b>Organization</b>	<b>Service</b>	<b>Application Process</b>
AFAC*	Once a week, you can go and pick out your own food selections.	<ul style="list-style-type: none"> <li>- You must be referee by a Social Worker (including the school social worker), the department of human services**, or a caseworker</li> <li>- These people could also help you fill out an application</li> </ul>
SNAP	This program serves low income individuals or families. Individuals/ families are given a card to use when shopping at convenience stores, farmers markets, etc. However, the card only works at partnering companies.	<ul style="list-style-type: none"> <li>- Apply online at <a href="http://www.dss.virginia.gov/benefit/snap.cgi">http://www.dss.virginia.gov/benefit/snap.cgi</a></li> </ul>
WIC	This program serves low income families with children up to five years old or families expecting a baby (pregnancy). Families are given a card and are able to get food from grocery stores. However, there are limitations on how much and what types of food.	<ul style="list-style-type: none"> <li>- Apply online at <a href="https://www.myvawic.org/">https://www.myvawic.org/</a></li> </ul>

## Housing Programs

Organization	Service	Application Process
ASPAN*	This program helps provide housing for homeless Arlington residents. It also has job training services and medical services for residents.	<ul style="list-style-type: none"> <li>- Visit them at 2020A 14th St N, Arlington VA 22201</li> <li>- Call them at 703-228-7803,</li> <li>- email them at info@a-span.org</li> </ul>

## Child Care/Family Services

Organization	Service	Application Process
Child Care Subsidy Program	This program serves working parents or parents attending school with kids from ages 0-13. Children must be U.S citizens or qualified immigrants and must be from a low income household. In the program, you are provided with a babysitter registered in the county and the county pays for that babysitter.	<ul style="list-style-type: none"> <li>- Apply at the Department of Human Services</li> <li>- Call 703-228-1350 to make an appointment</li> </ul>
Clothesline	Provide clothes to children from low income families. Children must be school aged.	<ul style="list-style-type: none"> <li>- Make an appointment by calling 703-243-2615 or by emailing ellen@clotheslinearlington.org</li> </ul>

\*Accepts donations

\*\*The Department of Human Services can help you fill out applications. Simply walk in and tell them what you need. They are located at 2100 Washington Blvd, Arlington, VA 22204

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