



## THOMAS JEFFERSON MIDDLE SCHOOL SERVICE AS ACTION



### COMMUNITY ORGANIZATIONS

Please be sure to call or contact organizations via email **FIRST**.

#### ANIMAL WELFARE

##### [Arlington Animal Welfare League](#)

Direct contact with animals limited but support opportunities available. Students encouraged to contact the league about training opportunities as well. [www.awla.org](http://www.awla.org). Phone: 703-931-9241.

##### [Homeward Trails](#)

This organization sponsors cat and dog adoptions every **Saturday and Sunday** at pet stores in the Metro area. Registration is required. Different events have different age requirements. Most require students to be 16 or older and/or chaperoned. Other support opportunities such as making posters and helping to direct visitors are available. [www.homewardtrails.org](http://www.homewardtrails.org)

##### [Lucky Dog Animal Rescue](#)

Volunteer-powered nonprofit dedicated to rescuing homeless, neglected, and abandoned animals from certain euthanasia and finding them loving forever homes. They educate the community and all pet parents on responsible pet parenting, including the importance of spay/neuter, obedience training, and good nutrition

#### Providing Food, Clothing, Shelter and Support in the Local Community

##### [AFAC \(Arlington Food Assistance Center\)](#)

Provides food assistance to local families in need. Opportunities to volunteer on **weekends**. 2708 S. Nelson Street, Arlington, Va. Phone: 703-845-8486.

##### [Art for Humanity](#)

Promotes small business development and education so those in need can transition to sustainable self-sufficiency. Contact: Glenn Evans at [glenevans@artforhumanity.org](mailto:glenevans@artforhumanity.org). Phone: 703- 684-4635.

##### [A-SPAN](#)

A-SPAN 's mission is to end homelessness in Arlington by providing housing, ongoing case management, supportive services, shelter and shelter-based supports and outreach to those living on the streets. Volunteers prepare or serve meals, work in the Homeless Services Center Shelter Program, and organize donation drives for items that clients need most. [danielle.rampton@afac.org](mailto:danielle.rampton@afac.org)

##### [Bridges to Independence](#)

Is a non-for-profit that leads individuals and families out of homelessness and into stable, independent futures. It offers a continuum of aid and support for all family members, helping them to attain financial security and move forward to self-sufficiency. Phone: 703-525-7177 ext. 4

##### [Doorways for women and families](#)

Provides shelter from violence. It also offers a spectrum of life-saving, supportive and educational services to help women and children leave behind domestic violence and begin a new life of stability, dignity and self-sufficiency. Phone: Main: 703-504-9400.

#### Providing Food, Clothing, Shelter and Support to the International Community

##### [Bikes for the World](#)

Provides quality used bicycles and makes parts affordable and available to lower income families and select institutions in other countries. Help with collecting and loading bikes and bike parts at the warehouse. 1420 S Eads Street. Contact: Yvette Hess, Outreach Coordinator at [yvette@bikesfortheworld.org](mailto:yvette@bikesfortheworld.org). Phone: 703-740-7856.

##### [Wheels to Africa](#)

Non-profit organization that collects and ships bikes to Africa where a bike is a lifeline to survival for many people -- often their only means to access food and water, markets, education and jobs. [dixieduncan94@gmail.com](mailto:dixieduncan94@gmail.com)

#### REFUGEE ADVOCACY/IMMIGRATION

NOVA Friends of Refugees

#### Senior Care

##### [Culpepper Garden Senior Center](#)

Decorate for special events/holiday parties and help in their garden. On Tues, Thurs. and Sundays play games for game night, go on walks, help with presentations. Hours flexible. After school hours available. Contact: Hunter Moore [hmoore@culpeppergarden.org](mailto:hmoore@culpeppergarden.org)

##### [Walter Reed Senior Center](#)

One of Arlington County's five Senior Centers that offer a wide variety of programs and services. Senior Center activities include exercise and sports, social events, classes and guest speakers, discussion groups and clubs, games, crafts, music and more. the Walter Reed 55+ Advisory Committee also maintains the Walter Reed Community Center's garden which is tended by volunteers.

#### [Kenilworth Aquatic Gardens](#)

Located in N.E, D.C. Part of the National Park Service. "This natural area of Anacostia Park has origins in a 1926 act of Congress to preserve the forests, water quality, and recreation value of the waterways of Washington, DC. The park reflects the policies that affect rivers and wetlands."

[www.friendsofkenilworthgardens.org](http://www.friendsofkenilworthgardens.org)

#### [Claude Moore Colonial Farm](#)

This is a U.S. park in Virginia recreating and reenacting life on a tenant farm in 1771. Help with grounds and other activities as needed.

[Volunteers@1771.org](mailto:Volunteers@1771.org)

#### [Martha's Table](#)

Opportunities to help make meals or work in clothing facility on site at the 14<sup>th</sup> street DC or Martin Luther King Ave. S.E. locations are available. **Slots fill quickly. Look for opportunities at least two months in advance to help with the food. At least one month in advance with the clothing.**

#### [National Park Service-National Mall](#)

The National Park service is celebrating its centennial year. Help celebrate by volunteering at one of the national parks in the DC Metro area.

[www.nps.gov/getinvolved/volunteer](http://www.nps.gov/getinvolved/volunteer).

#### [VHC Medical Brigade](#)

Has assisted central Honduras since 1999, providing community development and medical relief in rural communities. Students work with an adult health care worker to sort, inventory, and pack supplies. Contact: Mary Ellen Gannon, [maryegann@aol.com](mailto:maryegann@aol.com)

#### [Walter Reed 55+ Senior Center Garden](#)

Help seniors and protect the environment by working in their floral garden on **Saturdays**. Contact Wendy Sparrow. **Phone:** 703-228-0935.