

Cheesy Biscuits

1 ¼ cup Original Bisquick mix
1/3 cup milk
2 tablespoons melted butter
½ cup shredded cheddar cheese

STEP ①

Heat oven to 400°F.

STEP ②

Using a dry/solid measuring cup, measure 1 ¼ cups Bisquick mix and level off with a butter knife and put into a mixing bowl.

STEP ③

Using a liquid measuring cup, pour milk to the 1/3 cup line.

STEP ④

Using a dry/solid measuring cup, measure ½ cup cheddar cheese.

STEP ⑤

Using a liquid measuring cup, melt the butter and add to the bowl.

STEP ⑥

With a wooden spoon, stir Bisquick mix, milk, and cheese until soft dough forms.

STEP ⑦

Evenly divide the dough so each person gets two biscuits. Using a spoon, drop onto ungreased cookie sheet.

STEP ⑧

Bake 10 – 12 minutes or until golden brown.

Name: _____ Date: _____ Class: _____

Kitchen Lab Planning Sheet

Unit: _____ Recipe: _____

Head Chef		Sous Chef	
Designates roles to others. Cooks at stove/puts food in oven. Sweeps floor. Assists and checks all cleaning is complete. Citizenship.		Chops necessary foods. Preheats oven if used. Assists cook. Wipes tables. Citizenship	
Assistant	Helper	Aid	
Gets equipment needed. Dries/puts away dishes. Puts dirty laundry away. Citizenship.	Measures ingredients from teacher. Gets clean linens, Washes dishes. Citizenship.	Measures ingredients from bin. Wipes counters and stove. Fills up any canisters. Citizenship.	

List ALL equipment used for this recipe.

What is your evaluation of the recipe? (circle one)

Yay! ☺

Meh

Nay! ☹

What changes would you make to the recipe or how it was prepared? Please explain.

Chef initials to indicate kitchen is acceptable at the end of the class. _____

Using as much detail as you can, please fill in the blank and finish the sentence starter.

I would rate myself as _____ (working hard, working, or hardly working) because . . .

I would rate _____ (name of team member) _____ (working hard, working, or hardly working) because . . .

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I would rate _____ (name of team member) _____ (working hard, working, or hardly working) because . . .