

TRACK & FIELD

Practice Starting Date – March 16, 2026

Meet Time - 3:15 p.m.

Thursday	April 9, 2026	D Hamm @ Gunston Jefferson @ Kenmore Swanson @ Williamsburg
Tuesday	April 14, 2026	D Hamm @ Jefferson Swanson @ Gunston Williamsburg @ Kenmore
Thursday	April 16, 2026	D. Hamm @ Kenmore Gunston @ Williamsburg Jefferson @ Swanson
Tuesday	April 21, 2026	Swanson @ D Hamm Kenmore @ Gunston Williamsburg @ Jefferson
Thursday	April 23, 2026	Williamsburg @ D Hamm Gunston @ Jefferson Kenmore @ Swanson

Tuesday	May 5, 2026	COUNTY-FIELD EVENTS (TBD)
	1:00 PM	

Thursday	May 7, 2026	COUNTY RUNNING EVENTS
	1:00PM	(TBD)

* County Championship events are weather dependent

❖ **SCHEDULES ARE SUBJECT TO CHANGE – CHECK THE SCHOOL’S WEBSITE TO CONFIRM DAY, TIME & LOCATION.**

ARLINGTON MIDDLE SCHOOL
ATHLETICS

rev. 05/27/25