WRESTLING

Practice Starting Date – January 5, 2026 Match Times 3:30pm

Thursday	January 22, 2026	Gunston @ D. Hamm Jefferson @ Kenmore Williamsburg @ Swanson
Thursday	January 29, 2026	Kenmore @ D. Hamm Williamsburg @ Gunston Swanson @ Jefferson
Thursday	February 5, 2026	Williamsburg @ D Hamm Jefferson @ Gunston Swanson @ Kenmore
Thursday	February 12, 2026	D Hamm @ Jefferson Gunston @ Swanson Kenmore @ Williamsburg
Thursday	February 19, 2026	D Hamm @ Swanson Gunston @ Kenmore Jefferson @ Williamsburg
Thursday	February 26, 2026 1:00:00 PM	CHAMPIONSHIP COUNTY MEET @ TBD

[❖] SCHEDULES ARE SUBJECT TO CHANGE – CHECK SCHOOL'S WEBSITE TO CONFIRM DAY, TIME & LOCATION ARLINGTON MIDDLE SCHOOL ATHLETICS