

TRACK & FIELD

Practice Starting Date – March 2, 2026

Meet Time - 3:15 p.m.

Thursday	March 19, 2026	Jefferson @ Kenmore
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Tuesday	March 24, 2026	D Hamm @ Jefferson
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Thursday	March 26, 2026	Jefferson @ Swanson
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Tuesday	April 7, 2026	Williamsburg @ Jefferson
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Thursday	April 9, 2026	Gunston @ Jefferson
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Tuesday	April 14, 2026 1:00 PM	COUNTY-FIELD EVENTS (Gunston)
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Thursday	April 16, 2026 1:00PM	COUNTY RUNNING EVENTS (Gunston)
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* County Championship events are weather dependent

❖ **SCHEDULES ARE SUBJECT TO CHANGE – CHECK THE SCHOOL’S WEBSITE TO CONFIRM DAY, TIME & LOCATION.**

ARLINGTON MIDDLE SCHOOL ATHLETICS

rev. 05/27/25