

SAFEGUARDING OUR STUDENTS

Signs of Suicide Parent Meeting

Thomas Jefferson PTA Meeting: October 16, 2018

Susan Holland- Director of Counseling Services

Tiffini Woody-Pope, Ed.D.- Program Counselor

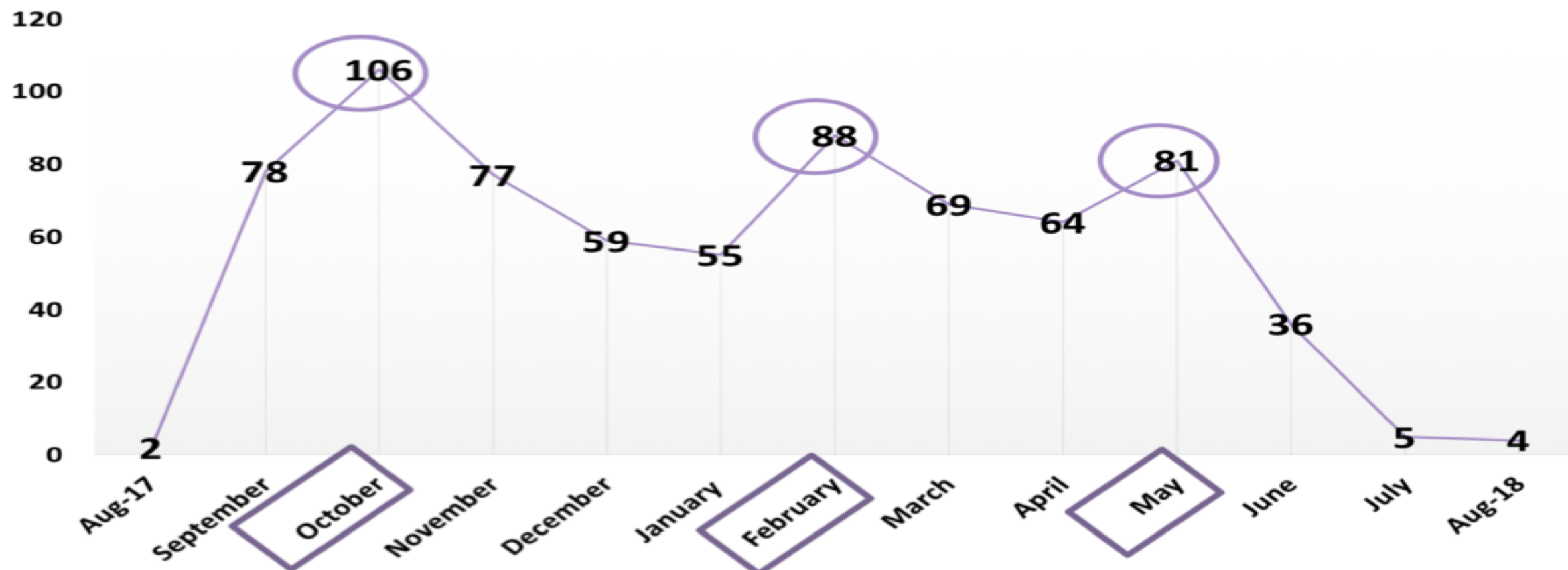
APS RISK ASSESSMENT DATA

AUGUST 2017-AUGUST 2018

VIOLENT	SELF-HARM/SUICIDE
Transient: 35 Substantive: 12 Serious: 10 TOTAL: 57	Imminent: 80 Other: 643 TOTAL: 723

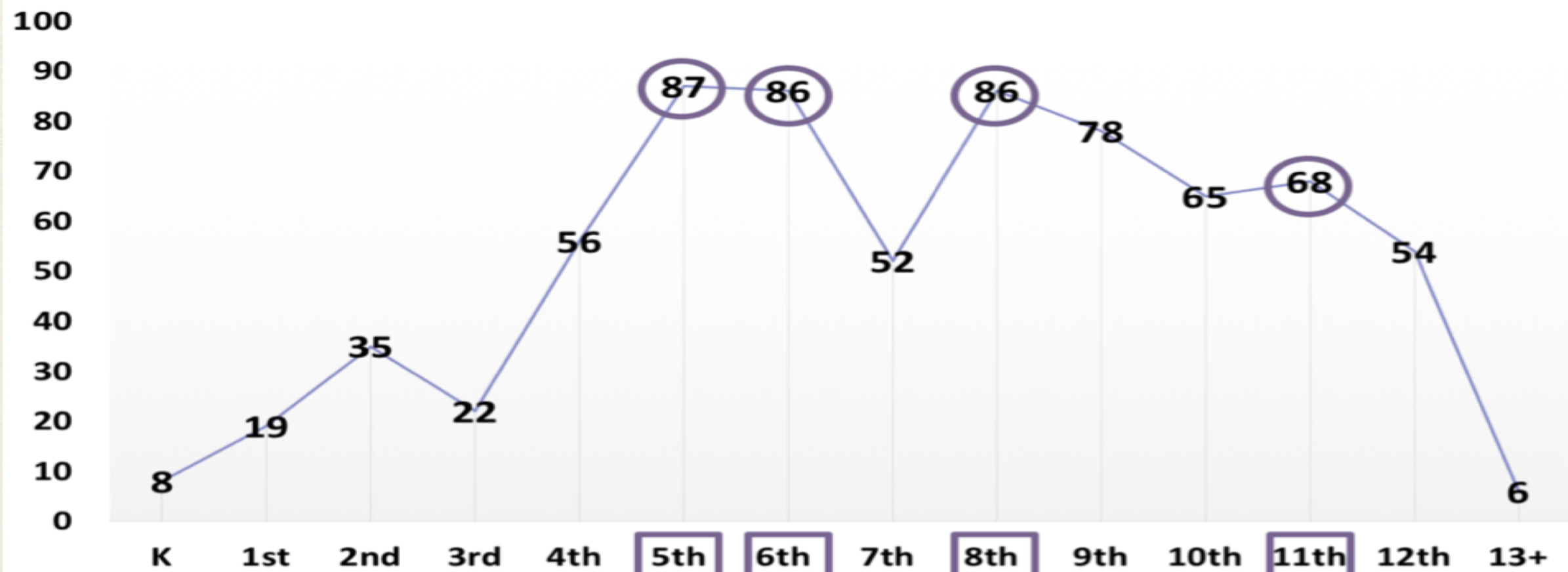
Results Across APS by Month

Number of Suicide Risk Assessments by Month 2017-2018



Results Across APS by Grade Level

Number of Suicide Risk Assessments by Student Grade Level

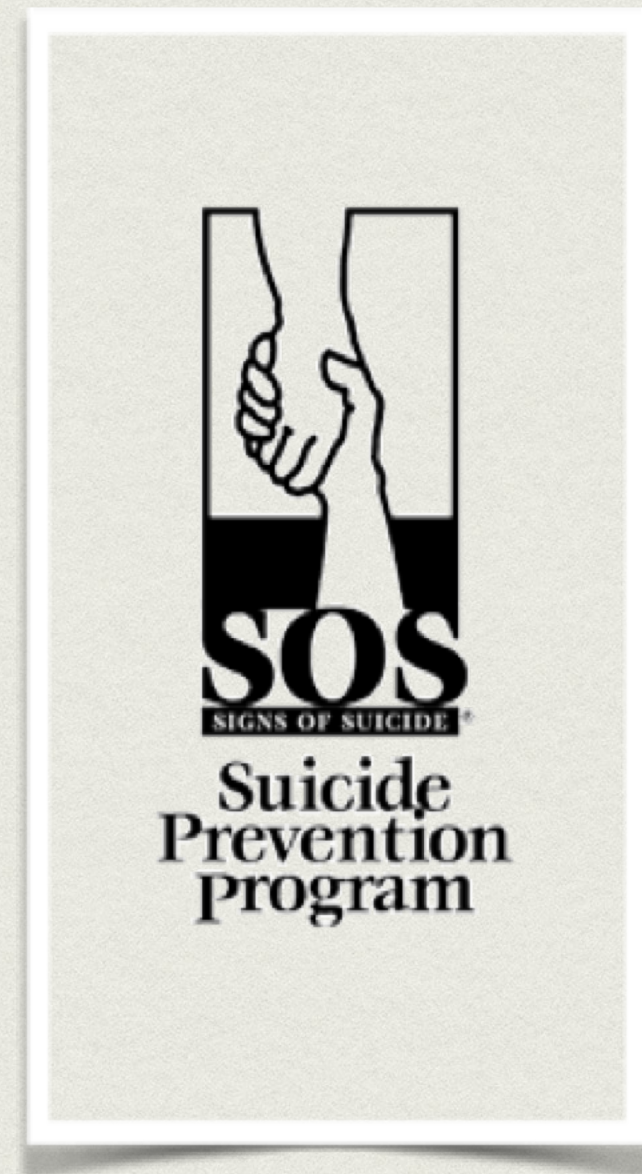


Risk Assessments Completed:
Thomas Jefferson

Suicide Imminent	2
Suicide Other	46
Violence- Serious Substantive Threat	1

Why Signs of Suicide?

- S.O.S. is a scientific-based program that supports us in having the tough conversations
- Helps distinguish “Normal” Development from Mental Health issues
- Suicide is the 2nd leading cause of death among people aged 11-18 (CDC, 2014)
- More than 90% of youth who die by suicide have a diagnosable mental health disorder
- Encourages students to seek help for themselves or a friend so that parents or trusted adult can intervene for support



Closing Suggestions for Parents

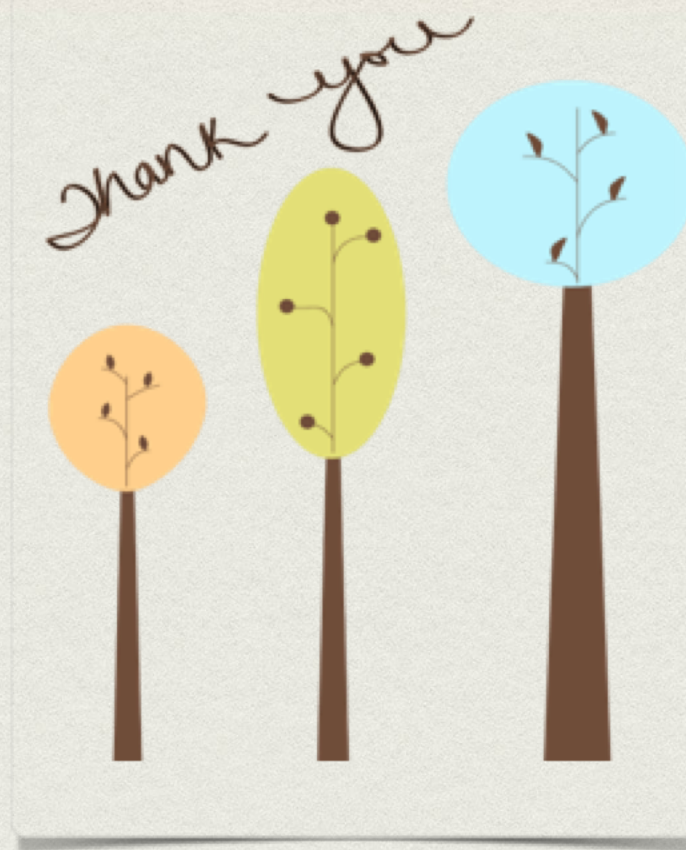
- Do not be afraid to talk to your children about suicide and mental health
- Know the risk factors and warning signs of youth suicide
- Respond immediately if your child is showing warning signs
- Restricting access to lethal means, especially access to medications and firearms, is very important in preventing youth suicide
- Reach out to the school and community for additional resources



S.O.S. Parent Portal

To complete a parent screening:

<http://screening.mentalhealthscreening.org/thomas-jefferson-middle-school>



Please let your School
Counselor know if you have
questions or need help.

In Crisis Now? [Get Help](#)