



Thomas Jefferson Middle School
An International Baccalaureate World School



**"I Took Action"
 TJMS Service Tracker
 &
 Verification form**

Student's Name:

Please complete page one for each event. For example, if you are attended Reading Buddies on Sept. 22, October 20 and November 24, you would enter "Reading Buddies" three times in the event column and record each date, get the supervisor's signature each time and record the Service Interest area (see page 3) that matches. It is possible that one event matches more than one Service Interest Area. Choose the ones that match your goals.

Event & Address	Date & Time	Site Supervisor's signature	Service Interest Area Connection (See page 3)

SERVICE INTEREST AREAS

- Providing food, clothing and companionship for people in need
 - Running a clothing/toiletry drive
 - Volunteering at senior living facilities
- Protecting the environment/Going Green
 - Implementing a recycling campaign at school
 - Arranging for and participating in community clean-ups
- Promoting healthy eating and living/gardening
 - Starting a healthy eating campaign
 - Working in the TJMS garden
- Caring for animals
 - Dog-walking for seniors or others needing assistance
 - Volunteering with an Animal Rights organization
- Beautifying the environment through Art (visual, music, drama, etc.)
 - Helping paint signage for the garden
 - Participating in non-school time related performances
- Promoting peace and resolving conflict
 - Helping with the school's Bullying Prevention efforts
- Promoting Reading literacy
 - Participating in Reading Buddies or other reading programs
- Fighting global illnesses
 - Participating in and/or supporting campaigns for runs/walks to fight global illnesses
 - Creating/distributing informative brochures on illnesses and preventive measures
- Fighting homelessness
 - Participating in the Walk for the Homeless and other efforts
- Helping communities impacted by natural disasters
 - Raising awareness and funding or collecting supplies
- Improving educational opportunities for all
 - Implementing a school supply drive for children

Other: _____