

**AFTER
THE
BELL**
@
**JEFFERSON
MIDDLE
SCHOOL**
**AN IBMYP WORLD
SCHOOL**

The Annual Booklet of After
School Options for Jefferson
Middle School Students.

Jefferson Students:

An hour of opportunity at Jefferson begins at 2:30 pm each day. This is when you can choose to stay at school having fun with friends by participating in an after-school club or activity. Even homework is more enjoyable when you're completing it with others. Stick around, there's so much to do!

Sincerely,

Your Jefferson Staff

Thomas Jefferson Middle School
125 S. Old Glebe Rd.
Arlington, Virginia 22204
Activities Coordinator: 703-228-5904
jeremy.siegel@apsva.us

Jazz Band

The Jazz Band is comprised of students who want to play a jazz instrument as a member of a band. Performances will occur at least twice a year. This is open to students who are proficient on a jazz instrument or are enrolled in the Jefferson Band Program.

Sponsor: Ms. Tangchittsumran

Meetings: Regular Practices
Room 125

Patrick Henry Reading Buddies

Twice monthly a group of Jefferson students walk to Patrick Henry Elementary school to read books to kindergarteners.

Sponsor: Ms. Dunbar

Meetings: Twice Monthly on Fridays

Orchestra Help Club

This provides opportunities for students needing assistance in learning their instrument or reading music to catch-up to the general level of their orchestra class. Peer tutoring opportunities for community and service hours are available.

Sponsor: Ms. Gomez

Meetings: Mon: Chamber Ensemble /
Open Practice
Tues: Extra help
Wed: Jazz Strings Ensemble/
Open practice
Fri: Open Practice

Challenge 20/20 Club

This is a group of students from 6th-8th grade who meet on a weekly basis to address a global problem. Global warming, food supply security, and access to medicine are all topics that can be explored. All students are welcome to attend.

Sponsor: Ms. Mohammad

Meetings: Wed. 2:30—3:30
Begins October

Gay Straight Alliance

Gay-Straight Alliances (GSAs) are student clubs that work to improve school climate for all students, regardless of sexual orientation or gender identity/expression

Sponsors: Ms. Calhoun, Ms. Pennington,
Ms. Bell, Ms. Neunder,
Mr. Cotman, Ms. Boyle.

Meetings: Thu. 2:30—3:30
Ms. Calhoun's Room (206)

Math Clinic

Beginning in October, this informal weekly session is aimed at helping students complete their homework, especially in the area of math. Particular interest is given to test review sheets which are often distributed prior to tests. All math levels are welcome.

Sponsors: Mr. Siegel and Volunteers

Meetings: Wed. 2:30—3:30
Beginning Oct. 5
Ms. Nolan's Room (252)

Jefferson Post School Newspaper

The Jefferson Post is the student newspaper that reports on student issues and events. Students will scout out the stories and write the pieces for publication.

Sponsor: Ms. S. Brown

Meetings: Beginning Oct. 4th
Thu. 2:30—3:30
Ms. Mann's Room 253

Best Buddies

This group matches intellectually disabled students with other Jefferson students to create positive bonding relationships with each other. This creates a rewarding experience for both students.

Sponsor: Ms. Lanman, Ms. Lopez,
Mr. Kirsch

Meetings : Last Tue. of the month
Gold Commons

Drama Club

This club is comprised of those students who audition for school performances. All students are encouraged to audition.

Sponsor: Ms. Riley

Meetings: During Show Season
Mon. – Fri.
2:30—4:00

Geography Bee

Students who participate in this program will compete in the Geography Bee, which is held at all grade levels in December and January. Two students qualify to compete at the state level. Announcements will be made to keep interested students informed of meeting dates. Open to all students.

Sponsors: Geography/Social Studies Staff

Meetings: Team level competitions begin
in December.

Jefferson Girls on the Move

A Jefferson version of the Girls on Track program, the goal is to educate and prepare girls for a lifetime of self-respect and healthy living. Volunteer coaches will meet at least weekly with participants. A local 5K run on in December will be the culminating activity for participants of the first session of JGM (Jefferson Girls on the Move). Girls of all abilities are encouraged to contact program sponsors and listen to morning announcements for starting dates.

Sponsors: Ms. Bogdan

Meetings: Mon. and Thu.
2:30—3:30

Art Club

Open to all students interested in art, this group meets weekly and creates art using a wide variety of mediums ranging from paint and paper to ceramics. All students are welcome to attend.

Sponsor: Ms. E. Shepardson

Meetings: Mon. 2:30—3:30
Ms. Shepardson's Room (61)

Homework Help

Staffed by Jefferson teachers, homework help is offered in the library after school.

Sponsors: Jefferson Teachers

Meetings: Mon., Tue. and Thu.
2:30—3:30
Library

Yoga Club

Learn and practice yoga poses and breathing techniques. You will be able to use relaxation techniques to help you be a better student.

Sponsor: Ms. Pasternak

Meetings: Mon. 2:30—3:30
Beginning Late October
Ms. Pasternak's Room (271)

Chess Club

For both experienced and novice players. All students are welcome to attend.

Sponsor: TBD

Meetings: Weekly meetings

National Junior Classical League/ Virginia Junior Classical League

All Latin students are asked to join The Virginia Junior Classical League (VJCL) which is part of the National Junior Classical League (NJCL). The NJCL is a national organization of students of Latin, Greek and classical humanities. "The purpose of NJCL is to encourage among young people an interest in and appreciation of the civilization, language, literature, and art of ancient Greece and Rome, and to give them some understanding of the debt of our culture to that of classical antiquity."

VJCL members may take part in some or all of the following activities:

VJCL Convention in Richmond
December Saturnalia
February or March Certamen (contest to prepare them for the National Latin Exam)
March National Latin Exam

Depending on the level of interest, other activities may also be scheduled.

Sponsor: Ms. Egbert

Meetings: Regular Activities
(See Above)

FCCLA (Family Career and Consumer Leaders of America)

A community service organization, the goal of the FCCLA is to introduce youngsters to the concepts of being productive, involved citizens and family members. It is also hoped that participants will develop enhanced communication and critical thinking skills. All students are encouraged to attend.

Sponsor: Ms. Boda

Meetings: Regular Meetings
Ms. Boda's Room (117)

Phoenix Bikes After-School Club

A 12 week program, Phoenix bikes staff will teach kids the fundamentals of bicycle operation and repair. An extension of Phoenix's "Earn-A-Bike" system, participants will receive a bike if they successfully complete all 12 weeks. Sessions begin in the spring.

Sponsors: Phoenix Bike Staff, Mr. Siegel

Meetings: Fri. 2:30—3:30

National Junior Honor Society (NJHS)

NJHS is an organization whose membership is committed to scholarship, citizenship, service, and leadership. Students are responsible for maintaining the school store and are involved in various projects throughout the school year. Those students who meet specific GPA requirements are nominated and inducted into this organization.

Sponsors: Ms. Fitzpatrick, Ms. Mann

Meetings: Bi-Weekly Meetings

Math Counts/Math Team

The Math Counts Team promotes strategic problem solving and solving complex, non-routine problems in a competitive setting. An emphasis is placed on teamwork. Students on the team compete either as individuals or as team members. There are 8 students from any grade level on the final Math Counts team. While there is a selection process for the team sent to the competition in February, all students are welcome to attend practices and tryouts.

Sponsors: Jefferson Math Staff

Meetings: Weekly meetings beginning in November.

Student Council Association

The goals of the SCA are to provide student leaders with an opportunity to work with teachers and fellow students to create a positive environment at Jefferson; to participate in activities to benefit the school and the Arlington community; and to serve as a liaison between the student population and the school administration. All students are welcome to run for election.

Sponsors: Ms. Pennington, Mr. Siegel

Meetings: Weekly meetings

Model United Nations

Model United Nations Club is open to all students who are interested in learning about the issues that face the United Nations today. Students meet to research and write position papers that represent their assigned country's perspective on an issue. These position papers are used at model UN conferences during which youngsters from around the state work to resolve issues like global poverty or education for all. All students are welcome.

Sponsors: Ms. A. Miller,

Meetings: Weekly meetings including Fri. evening and Sat..

Sports Choice

Sports Choice is a voluntary after-school intramural program. Students play basketball, volleyball, flag football, soccer and other sports as determined by the sponsors in a non-competitive environment. No registration is needed, just drop in to the gym after school before 2:35.

Sponsors: Mr. Curran, Mr. Lainez,
Mr. Busby, Other Staff

Meetings: Mon.—Thu
2:30—3:30

Jefferson Stage Crew

This group is responsible for backstage operations during drama productions, music concerts, and other Jefferson activities that take place on stage. Prop management, set changes, and curtain work are examples of some of the duties members will be expected to perform. Community and service hours will be received for time worked. All students are welcome to apply.

Sponsors: Ms. Riley

Meetings: Regular Meetings

Teen Advisory Board (TAB)

Each of the middle schools in Arlington has its own TAB Club. Students involved with TAB have the opportunity to select books that have been published in the past year and are considered among the best books for students this age. Students read them on their own and discuss the books during meetings—what they like or dislike about the books. This can help students find good things they want to read next, and gives librarians an idea of what books to recommend to students. There are sometimes field trips to see authors, movies based on books, and meetings with other TAB groups during the year. Students and sponsors compare books and movies and play Pictionary with book titles a couple of times during the year. All students are welcome, HILT students are especially encouraged to attend.

Sponsors: Jefferson Library

Meetings: Every other Wednesday during
lunch in the library.

Jefferson Journeys Hiking Club

Journeys are planned on roughly a monthly basis to various locations in the D.C. metropolitan area to take day hikes in scenic environments. Over the course of the year the hikes will gradually become longer and more strenuous. Planned hiking locations include Mason Neck park in Fairfax among others. All capabilities and abilities are encouraged to participate. Additionally, parents/guardians are welcome to join in.

Sponsors: Mr. Siegel, and other
Jefferson Staff

Meetings: Sat. beginning Sept. 30th.
(Excursions advertised
on morning announcements).

Jefferson Writing Center

Students can volunteer as peer tutors or visit the writing center to receive help on a piece of writing they are working on..

Sponsor: Ms. Bennett

Meetings: Thu. 2:30—3:30
Ms. Bennett's Room 65

PRCR Fencing Club

Operated through the Arlington Fencing Club, weekly fencing sessions will be held at Jefferson. The program will offer an eight week introductory course for beginners as well as a class for intermediate-advanced fencers. All students in the program will automatically become AFC members and are eligible (and encouraged) to fence up to three times a week at the AFC's evening and weekend sessions (held in local Arlington schools and venues). Listen to morning announcements for more information.

Sponsors: PRCR Staff
Mr. Siegel (School Based Contact)

Meetings: Interest Meeting on Sept. 28
Fall Sessions at Kenmore/
Spring at Jefferson

First Lego League Robotics Clubs

Multiple groups of students build and program EV3 robots to meet specific challenges. Students will travel to regional and statewide tournaments. Teams are sponsored by the Northern Virginia Chapter of The Links Inc., and Edu-Futuro.

Sponsor: Dr. Woody-Pope,
Ms. Holland-Shuford,
Mr. Lash, Ms. Faqih,
Mr. Cotman.

Meetings: Weekly Meetings

Hamilton Club

For students interested in the confluence of history and musical theater. A history and theater fan club.

Sponsors: Ms. Bennett, Ms. Jenks

Meetings: First Tue. of the Month
2:30—3:30
Room 65

Latinas Leading Tomorrow

LLT provides leadership skills, cultural identity activities, career exploration and mentoring in a supportive and nurturing environment.

Sponsors: Ms. Pennington, Ms. Lopez,
Ms. Yaffe, Mr. Cotman

Meetings: Every other Tues.
2:30—3:30
Room 262

Virginia Junior Academy of Science (VJAS)

Students prepare science projects and are selected to compete in regional science fairs.

Sponsors: Dr. Reynolds

Meetings: Regular Announced Meetings

Future Business Leaders of America

Students prepare for college and careers through a variety of leadership, community service, and academic activities. FBLA members also demonstrate their leadership skills through community service projects, fundraising activities, and chapter officer positions.

Sponsor: Ms. Lucia

Meetings: Monthly After School Meetings
and Lunch Meetings
Room 82

Science Club

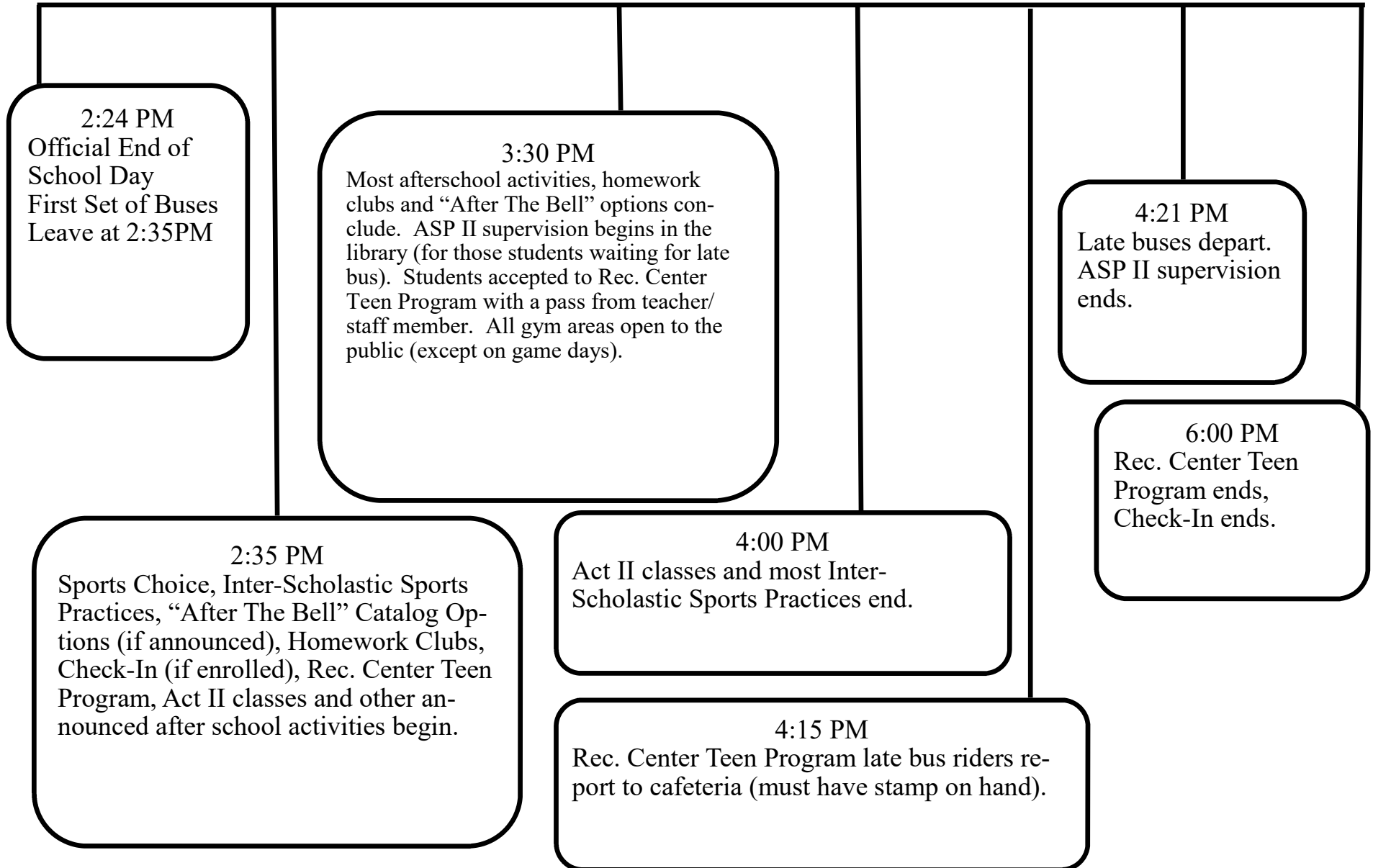
Designed to help kids prepare for science projects and enjoy other science experiments. A science enthusiast club.

Sponsor: Mr. Golden

Meetings: Twice Monthly Meetings
2:30—3:30
Room 284

After The Bell @ Jefferson

2:24pm—6:00pm Timeline



Late Bus Information

All students taking late buses must be under adult supervision after school. Late buses are scheduled to depart at 4:21 PM

Route 529

13TH RD S & S QUEEN ST
SOUTHGATE RD & S ODE ST
16TH ST S & S BARTON ST
19TH ST S & S POLLARD ST
16TH ST S & S FOUR MILE RUN DR
12TH RD S & S THOMAS ST
9TH ST S & S BUCHANAN ST
10TH ST S & S COLUMBUS ST

Route 514

12TH ST S & S SCOTT ST
SHERIDAN AVE & SCHOOL LANE
(FT. MYER)
2ND ST N & N WAYNE ST
9TH ST N & N CLEVELAND ST
11TH ST N & N BARTON ST
14TH ST N & N. ROLFE ST
KEY BLVD & N ODE ST
CLARENDON BLVD & N ODE ST
N STAFORD ST & 13TH ST N

Route 403

3RD ST N & N HENDERSON RD
1ST ST N & N ABINGDON ST
2ND ST N & N GREENBRIER ST
N KENSINGTON ST & N CARLIN SPRINGS RD
5TH ST N & N MONTAGUE ST
8TH RD N & N JEFFERSON ST
WILSON BLVD & N WAKEFIELD ST
19TH ST N & N EDISON ST
22ND ST N & N ILLINOIS ST
N WESTMORELAND ST & 19TH RD N
24TH ST N & N QUANTICO ST
28TH S N & N FLORIDA ST
JAMESTOWN ELEMENTARY SCHOOL (3700 N
DELAWARE ST)
MILITARY RD & 36TH ST N

Route 508

13TH ST S & S HIGHLAND ST
S QUINCY ST & 12TH ST S
8TH RD S & S GREENBRIER ST
5550 COLUMBIA PKE (WILDWOOD APTS)
S COLUMBUS & CHESTERFIELD RD
(WAKEFIELD HS)
28TH RD S & S WAKEFIELD ST
FAIRLINGTON COMMUNITY CENTER (3308 S
STAFFORD ST)
22ND ST S & S LINCOLN ST
2400 24TH RD S (DOLLY MADISON APTS)
26TH ST S & S ADAMS ST
24TH ST S & S GRANT ST
320 S 23RD ST (THE BUCHANAN)
S GLEBE RD & S JOYCE ST

Other Important Numbers:

Jefferson Interscholastic Sports

Tennis	September—October
Girls Soccer	September—October
Dive Team	September—November
Boys Ultimate Frisbee	September—October
Girls Ultimate Frisbee	Begins Oct. 16th
Boys Soccer	Tryouts Begin Oct. 18th
Girls Basketball	Tryouts Begin Oct. 23rd
Boys Basketball	Tryouts Begin Jan. 2nd
Wrestling	Begins Jan. 2nd
Swim	Begins Feb. 26th.
Track	Begins Mar . 12th

8th Graders can play sports at the high school level IF the sport isn't offered at the middle school level.

Jeremy Siegel, Activities Coordinator
Jefferson Middle School
jeremy.siegel@apsva.us
(703) 228-5904

Arlington PRCR Office for Teens:
(703) 228-7780 Main
(703) 228-7783 Español

Jefferson Community Center
After School Program Director:
(703) 228-6983

Jefferson Community Center:
(703) 228-5920

Arlington Public Schools 24 Info Hotline:
(Closings, Delays, etc.)
1-866-322-4277 (English and Espanol)

A Note About Accuracy:
Information within is as accurate as possible at the time of printing. However, changes may occur as the academic year progresses. Any questions should be directed to the Activities Coordinator, Mr. Siegel at (703) 228-5904, or your child's counselor.